

# Application of Classroom Flipping Teaching Model for Teaching English in Colleges

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**Abstract:** In recent years, while the social economic development is on a rapid growth, it has also promoted the development of all walks of life. Internet information technology is one of the most representative industries and with the popularity of the Internet, it has also penetrated into every aspect of life. Therefore, there is no shortage of application of network information technology in the field of education. The classroom flipping teaching model is a new teaching mode that has emerged in recent years. It is mainly a combination of network information technology and video technology. It is widely used in college English classrooms. As far as the current situation is concerned, the domestic classroom flipping teaching model has different degrees of problems in both theory and practice. Therefore, college English teachers must fully understand the advantages of classroom flipping teaching mode and continuously improve professional quality and skills. Give full play to the role of classroom flipping teaching mode, so as to continuously improve the quality of teaching.

## 1. Introduction

With the wide application and popularization of network technology, it has brought great convenience while changing people's lifestyle. Compared with the traditional teaching mode, the advantages of modern teaching method are more prominent. In the traditional English classroom teaching process, the teacher is the leader mainly applying the textbook method of teaching. The students only take notes, listen to the lesson and passively receive knowledge. In this method, the learning efficiency is relatively low. The flipping classroom teaching mode focuses on the subjective status of students in teaching activities. Teachers should guide students to establish good learning habits and divergent thinking, and conduct independent learning, teachers and students establishes good interaction. Therefore, the flipping classroom teaching mode has also been widely used in college English teaching, which has an important impact on improving the efficiency of English teaching, thereby laying a good foundation for students' future study and development.

## 2. Brief Introduction of Flipping Classroom

The flipping of classroom is basically aimed at making full use of modern network information technology, and gradually transforming the role of teachers and students in the traditional teaching process, so that the status of the subject changes. Teachers can combine the teaching objectives to produce corresponding teaching videos and courseware. Students can learn to watch video content in advance. The classroom mainly focuses on discussion and interaction, which helps to improve students' learning habits and learning ability. Applying the teaching mode to classroom teaching can make full use of spare time and improve teaching efficiency. Under the influence of this teaching mode, students can concentrate on the classroom and on learning. They can further explore deeper contents outside the classroom. Therefore, the flipping classroom has the characteristics of inquiry and diversity. Teachers can also identify the individual differences of students to meet different needs. Students can be more flexible and active in the learning process, and gradually change the traditional teaching through the process and structure of Internet information technology.

### **3. Relevant Problems of the Current English Teaching Process in Colleges and Universities**

#### **3.1 Rich Amateur Life Has an Impact on Classroom Learning**

With the continuous advancement of the new curriculum reform, more and more schools pay attention to quality education, but in the actual development process, some schools have not taken good measures, resulting in students' campus life being too rich and colorful, and the community becoming an extremely important part of student life. In this environment, students are willing to participate in various campus activities just after ending the heavy learning tasks in high school [1]. If the principle of moderation is not applied, in the case of students with poor English foundation, most of the time spent by various community activities, students' learning time will be occupied, and classroom learning time will be greatly reduced.

#### **3.2 Students Lack of Self-Learning Ability**

Although colleges and universities advocate the cultivation of independent learning ability, in the actual teaching process, many students have relatively poor self-discipline, unable to preview before class and review after class, and in many cases, they become studious just before the exams. This type of study method is very unfavorable for students and they also prevent students from fully grasping the relevant classroom knowledge. In addition, most of the students in the English classroom teaching process are not of English majors. Therefore, the learning foundations are different and the learning ability is also different. Some students value their own professional courses so they only study for the fourth and sixth grades in English. Most students are not willing to spend more time and energy on English learning. Secondly, students with poor English foundations find it difficult to keep up with the teachers speed in the process of classroom learning. They can't fully grasp the key points of learning. This will lead to the loss of self-learning ability.

#### **3.3 English Teachers Fails to Grasp the Student's Learning Status on Time**

The English syllabus of colleges and universities clearly stipulates that students should fully master the four skills of listening, speaking, reading and writing. However, most students lack a good language learning environment. In the traditional teaching process, they mainly teach large classes. Teachers may not pay full attention to the actual learning situation of each student. Some students with poor foundations cannot keep up with the speed of the study.

#### **3.4 Flipping Classroom Teaching Mode Fails to Give Full Play to Its Advantages**

Although the flipping classroom teaching mode has been introduced in the English classroom of colleges and universities, in the process of actual activities, although the Internet technology can be fully utilized to upload and produce related videos, however, teachers are greatly affected by the traditional teaching mode which leads to the inability of actual teaching activities switch to change the subject role in time. Most college English teachers do not guide students to download teaching videos independently, to conduct previews and discussion. In the classroom, they still use oral methods to teach the contents of the textbook. In many cases, students are still passively accepting knowledge, leading to flipping. The classroom teaching model is gradually formalized.

### **4. Application Strategy of Flipping Classroom Teaching Mode for English Teaching In College**

#### **4.1 Defining the Role between Teachers and Students**

When flipping classroom teaching mode is applied in college English teaching, teachers should clearly define their own roles. They mainly rely on information technology and Internet technology. In classroom teaching, teachers do not need to teach relevant English knowledge for a long time. Students should be the main body of teaching, fully recognize the importance of flipping classroom teaching concepts and models, and gradually change the concept of traditional teaching models [2]. In the English teaching of colleges and universities, the application of flipping classroom teaching mode is adopted. Teachers are the guide, but they must respect the subject status of students, realize the principle of equality, and strengthen knowledge sharing among students. In order to ensure the

effectiveness of classroom teaching, teachers should also fully understand the students' learning situation, the advantages and disadvantages in the process of learning English, and respect the individual differences between students. Teachers should continuously improve their professional ability and literacy through learning and training.

#### **4.2 Strengthening Good Communication between Teachers and Students**

With the popularity and application of Internet technology, people's lifestyles have undergone tremendous changes and have gradually been applied to the field of education. College English teachers should fully understand the importance of flipping classroom teaching mode, and guide students to upload relevant English teaching videos and conduct independent learning and exploration. In classroom teaching, students should be helped to solve related problems on time. To strengthen communication between teachers and students. Teachers also constantly improve their professionalism, scientifically and rationally design teaching content, to ensure the smooth communication between students, teachers should also fully understand the students' learning status and progress, and continuously improve the efficiency and quality of English classroom teaching.

#### **4.3 Improve Students' Self-Learning Ability**

Before the development of college English classroom teaching, students should be guided to independent learning. The self-learning effect of students will directly affect the specific application effect of the flip classroom teaching mode and the teaching situation of English classroom knowledge. In the current English teaching process, the flip classroom teaching mode is adopted, and the application of network video has higher self-discipline and self-learning ability for students. Therefore, teachers should guide students to arrange their own study time scientifically, make reasonable plans for the progress of learning, and continuously improve the level and quality of English teaching in colleges and universities [3].

#### **4.4 Attach Importance to the Design of Classroom Teaching Content**

Before the classroom teaching, the teacher can guide the students to carry out independent learning. When designing the teaching content, it is necessary to consider the student's learning situation and the classroom teaching content, which has an important influence on improving the learning efficiency of the students. Therefore, when designing teaching content, it is necessary to strictly screen, so that the selected video can stimulate students' interest in learning and desire to explore. Secondly, in addition to the study of words and grammar, college English teaching should also pay attention to the professors of thought and cultural background. Only students with good learning interest can actively learn and improve the classroom teaching effect.

### **5. Conclusion**

Compared with the traditional teaching method, the advantage of flipping classroom teaching mode is more prominent. It can transform the teacher-based teaching mode in the past classrooms, respect the students' subjectivity, and arrange the teaching time, content and progress to ensure the students can meet up. Fully masters the learning content and combine the students' individualized characteristics to carry out teaching activities. In addition, we should also pay attention to the communication between teachers and students, and continuously cultivate students' independent learning ability.

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